

Stockholm, September 2016

Advanced training with François Combeau (Feldenkrais trainer) In STOCKHOLM (Sweden) April 1 - 5, 2017

A mobile Head, an alive, expressive and relaxed Face

When true verticality returns, the head (the bearer of the sensory and expressive functions) being functionally supported from the feet, recovers total freedom of movement. By standing unright man expresses his specificity, be considerably

By standing upright man expresses his specificity. he considerably expanded his field of observation and action (See separate file for more information)

Welcome to join the François Combeau group of Sweden in the advanced training taking place in Stockholm 2017.

François has been working here several years. With his permission, we now would like to extend the invitation to participants also living outside Scandinavia.

- Number of participants is limited to 30.
- We hope to record sound of all ATM's as we did for last 4 years. The recordings will be available as digital files for participants only.
- We work in two adjacent rooms/areas one for ATM and one for FI in order to facilitate both the teaching of François as well as the learning of the participants.
- François finds it very important to follow up on our development during this training and make sure what each of us will take with him/her from this seminar. To make it possible, all of us need to participate all 5 days, all hours.

Do you want to participate?

Contact Kristina Strohmayer as soon as possible. <u>kristina@scandes.se</u> or phone +46(0)708 594 118

Dates and times:

April 1 – 5 2017. Saturday to Tuesday 10-17 (ca 17:30 some days). Wednesday 10-14.

Location:

Folkets Hus in Kallhäll (20 min by commuter train from the Central Station in Stockholm in the direction of Kungsängen/Bålsta. Training premises are located about 150 meter from the commuter station in Kallhäll)

Accomodation: Please contact Christine or Kristina if you need any assistance.



Price and payment:

5160;- SEK + 25% VAT – total 6450;- SEK including registration fee. You will receive an invoice to be paid before February 1st 2017. All payment information will be included in the invoice.

Terms for cancelation.

If you cancel more than 4 weeks before the start, we will refund the entire fee with the exception of registration fee, 600;- SEK (480;- SEK +25 % VAT). If you cancel more than 2 weeks before the start, we will repay half the price with the exception of the registration fee. If you cancel less than 2 weeks before start, there will be no money return.

In case of illness, we will always return the entire course fee (excluding the registration fee) on presentation of a medical certificate. This is due regardless of the time of the cancellation.

Please, direct your questions to:

Christine Rinman <u>christine@wallstanas.se</u> or phone +46(0)8 590 359 96 and/or Kristina Strohmayer, <u>kristina@scandes.se</u> or phone +46(0)708 594 118

Questions about registration and payment preferably to Kristina.

We wish you welcome to Stockholm!

With best regards

Christine Wessman Rinman

Kristina Strohmayer